## **FAQ's for Fun Fit and High Five**

- Q What is the cost of training?
- A Training can be accessed in two ways:

TYPE	VENUE	DETAILS	COST
Learning	A suitable school hall	One of our Senior Paediatric	£50 per person
Community	within the Learning	Occupational Therapists will	(includes one copy of
training	Community	attend to deliver the training	the Fun Fit/ High
Federations	-	session.	Five book)
& Academy		An invoice will be sent to	-
Trusts		you after training.	
Vranch	Vranch House	Schools can send one or	£70 per person
School	(Exeter)	more members of staff to a	(includes one copy of
based	,	session: <i>places must be</i>	the Fun Fit/High Five
training		booked in advance	book)
			,

- **Q** How do I order a book?
- **A** Additional books for either Fun Fit or High Five can be purchased from Vranch House at a cost of £15.00 plus postage.
- **Q** How much space is needed to run a session?
- **A** For Fun Fit a large hall with enough space for a maximum of 20 people to try all activities. For High Five enough seating at a table for a maximum of 20 people.
- **Q** What equipment do we need to provide?
- **A** For Fun Fit Facilities to run a Powerpoint presentation from a laptop. Seven mats, seven balls and seven beanbags.

For High Five facilities to run a Powerpoint presentation from a laptop. The Occupational Therapist will provide all the necessary equipment.

- **Q** When are sessions held:
- **A** Fun Fit is on a Wednesday usually between 1.00-.00pm. High Five is held on a Tuesday morning.